

2000 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 26: Consumption of Each Category of High Calorie, Low Nutrient Foods among California Adolescents

Yesterday did you eat any pastries, such as doughnuts, Danish, sweet rolls, muffins, croissants, or pop-tarts?
 Yesterday did you eat any deep-fried foods, such as french fries, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings?
 Yesterday did you eat any potato chips, tortilla chips, cheese puffs, pork rinds, or other fried snacks?
 Yesterday did you eat any sweet snacks such like cake, pie, cookies, or brownies?
 Yesterday did you eat any boxes or packages of candy or candy bars?
 Yesterday, how many cans or glasses of regular soda (cola, lemon-lime) or sweetened carbonated beverages like Clearly Canadian did you drink?

	Food Eaten From Each Category Yesterday, Percent of Adolescents					
	Regular Soda	Candy	Chips/Fried Snacks	Bakery Desserts	Deep Fried Foods	Breakfast Pastries
Total	68	32	41	38	32	24
Gender						
Males	76 ***	33	40	38	33	27 *
Females	59	30	42	37	31	21
Ethnicity						
White	65 *	30	39	40 *	30	23
African American	59	43	51	47	39	27
Latino	73	30	39	34	30	25
Asian/Other	67	35	45	31	39	25
Gender by Age						
Males						
12-13	69 *	37	36	38	35	26
14-15	76	34	40	38	34	28
16-17	81	27	44	39	31	27
Females						
12-13	61	26	46	41	30	21
14-15	64	35	44	36	35	22
16-17	52	30	35	33	27	22
Smoking Status						
Non-Smokers	67	31	41	38 *	31 **	24
Smokers	75	38	36	25	45	33
Physical Activity Status						
Regular	68	32	41	38	31	25
Irregular	66	30	40	36	36	23
Overweight Status						
Not at Risk	67	32	41	39	31	25
At Risk/Overweight	68	28	40	34	33	21

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001